

# Pre-Exam Form

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_

Occupation: \_\_\_\_\_

Are you working now? \_\_\_\_\_

In order to evaluate your condition fully, please be as accurate as possible. Thank you.

1. Where is your pain/problem? \_\_\_\_\_
2. What caused your pain/or problem? \_\_\_\_\_
3. Approximately when did it start? \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
4. Have you ever had this pain/problem before?  Yes  No
5. In your understanding, what do you think will make you better? \_\_\_\_\_
6. How optimistic are you that you'll get better?   
 (circle one) Not at all.....Mildly Optimistic.....Fairly.....Very Optimistic.....Extremely
7. What are some potential obstacles to you getting better? \_\_\_\_\_  
\_\_\_\_\_
8. Over the next month, how many hours per week will you commit to getting better? \_\_\_\_\_
9. What are you expecting from your physical therapy program? \_\_\_\_\_  
\_\_\_\_\_
10. Circle your worst pain level in the past couple of days:   
*Mild* *Moderate* *Severe*  
0 . . . 1 . . . 2 . . . 3 . . . 4 . . . 5 . . . 6 . . . 7 . . . 8 . . . 9 . . . 10
11. Are any of your everyday activities affected?  Yes  No
12. List all past surgeries with dates: \_\_\_\_\_
13. List all medical conditions you have (or were told you have): \_\_\_\_\_

I understand that my candidacy for a rehabilitation program will be dependent upon my ability and willingness to improve. I have answered the questions above honestly and accurately to the best of my ability. The doctor/therapist will determine whether or not I am a viable candidate for a rehabilitation program and that my activation into their system is not guaranteed.

Signature \_\_\_\_\_ Date \_\_\_\_\_